

HERNIA/HYDROCELE REPAIR – POST OPERATIVE CARE SHEET

For the first two to three days after the procedure, your child may require regular oral paracetamol and ibuprofen for pain relief. These should be given as per the instructions on the medication bottle or packet.

Please leave the paper strips on the wound intact for at least 5 days. You may peel the strips off after five days or let them fall off on their own. If the paper strips fall off sooner, it is OK to leave the wound uncovered.

The stitches will dissolve.

If there is any spreading redness around the wound, or creamy discharge from the wound, please please seek medical attention by seeing your GP, or contacting my Consulting Suites during working hours, or at any time of the day or night please bring your child to the Emergency Department at Perth Children's Hospital. Your child may need a course of antibiotics if a wound infection is diagnosed.

Recommend normal showers or baby baths starting the day after surgery.

Recommend NO sports and swimming for 2 weeks after surgery.

Recommend NO school for one week after surgery.

Please book a follow up appointments in the rooms for 4-6 weeks after surgery.